



The Gertrude Lederman Family Continuing Education courses at North Suburban Synagogue Beth El offer a wonderful chance to deepen your understanding of Jewish thought, culture, and identity. These programs are made possible through the generous gift of the estate of Gertrude Lederman. The value she placed on Jewish education became the cornerstone of her legacy of lifelong learning in our congregation.

Free Classes

Writer's Beit Midrash

Wednesdays, 9:30 am, June 4 & 18, July 9 & 23, and August 6 & 20

All fiction, non-fiction, poetry, memoir, and essay writers are welcome for discussions, exercises, camaraderie, and critique every other Wednesday morning. **Class will meet in-person. FREE.** Members of the group will share a selection of their writing during a special program on **Saturday, July 12** after Shabbat Kiddush.

Mahj & Canasta by the Lake

Tuesdays, 1:00-3:00 pm, July 15, 22 & 29 and August 5

Spend the afternoon outside under the tent playing with your Beth El friends. Beginner and experienced players welcome! Co-sponsored by the Sisterhood, this program is free but a donation to the 2025-2026 Torah Fund is requested.

Summer Thursdays @ Beth El

These FREE classes will meet on Zoom and in person after the HAZAK Fitness class.

Jewish Beliefs on What Happens After Death with Rabbi Freedman

Thursday, 11:15 am – 12:15 pm, May 15 and June 12 & 26

The Jewish tradition offers much wisdom in all life cycle events, including death. This course will examine what happens after the passing of a loved one, to ourselves and to them.

From Heart to Heart: Supporting Those in Mourning with Mindy Botbol

Thursday, July 10, 11:15 am – 12:15 pm

A heartfelt conversation about how to support mourners with care, compassion, and kindness with the Managing Funeral Director for Shalom Memorial Funeral Home in Arlington Heights.

Are Your Affairs in Order? Planning the Later Chapters of Life with Jackie Melinger

Thursday, July 24, 11:15 am - 12:15 pm

Discuss the importance of making sure critical discussions take place with family members regarding your final years and end of life planning before you are in a crisis.

CJE Power of Attorney Clinic with Tamara Kushnir Groman

Thursday, August 7, 11:15 am - 12:45 pm

Learn about the healthcare power of attorney with the Director of Legal and Financial Client Services at CJE SeniorLife.

Summer Quarter Courses

The fee for Continuing Education courses is \$60 per quarter for NSS Beth El members and \$125 per quarter for guests. Payment for one course includes any additional classes during the same quarter at no additional charge.

Summer Stories with Rachel Kamin

Mondays, 1:00 -2:00 pm and 8:00-9:00 pm

July 14, July 28 and August 11

Discuss a selection of short stories from the collection, *A Small Sacrifice for an Enormous Happiness* by National Jewish Book Award-winning author Jai Chakrabarti. **Class will meet in-person and/or on Zoom. Quarter Fee: Summer** (includes a hardcover copy of the book)

Breaking Jewish News & Views with Carl Schrag

Wednesdays, 9:45-11:00 am, July 16 – August 20

This weekly discussion-based class zooms in on local, national, and global news through a distinctly Jewish lens. Carl Schrag, who was the Editor of The Jerusalem Post, brings a journalist's probing questions to every topic. **Class will meet on Zoom. Quarter Fee: Summer**

Hebrew Classes

Our yearlong Hebrew classes will continue this summer:

- **Introduction to Conversational Hebrew in person with Pnina Arsers**
Wednesdays, 6:15-7:30 pm, July 23 - August 27
- **Café Ivrit: Intermediate Conversational Hebrew in person with Pnina Arsers**
Tuesdays, 6:15-7:30 pm, July 22 – August 26
- **Sicha B'Ivrit: Advanced Conversational Hebrew on Zoom with Shlomit Hoch**
Thursdays, 5:30 -7:00 pm, June 12, 19 & 26 and July 17, 24 & 31

Special Shabbat Event

Tu B'Av: Celebrating Love in Literature with Author Amy Pine

Saturday, August 9, 12:30 pm (after Kiddush)

In honor of this Jewish holiday of love, we will discuss the various tropes found in romance novels and the latest Jewish romance reads with Amy Pine, the USA Today bestselling romance writer and author of 20+ books.

Register for all classes and events at

<https://nssbe.shulcloud.com/form/continuing-education-summer-class-registration-2025.html>