ELUL 5782 - KISLEV 5783

SEPT/OCT/NOV 2022



INSIDE THIS ISSUE

President's Corner	.2
Shabbat Schedule	
Notes from Hazzan	.4
Congregational Learning	.5
Lifelong Learning	.5
Religious School	6
Ritual Director	6
Development	7
Youth Community	8
Pre-School	
New Educational Team	.9
Ritual	9
Sisterhood	10
Sisterhood Gift Shop	10
Men's Club	11
Selichot	11
High Holiday/Festival Schedule	12
High Holiday Boot Camp	13
Holidays at a Glance	14
Scholar in Residence	15
Lulav/Etrog order Form	15
Todah Rabbah	16
Adult Education Fall Classes	21
HAZAK	22
Membership	23
Social Action	23
All in the Beth El Family	24
B'nai Mitzvah Students	25
Mitzvah613	26
Chef Laura	28

North Suburban Synagogue Beth El 1175 Sheridan Road Highland Park, IL 60035 (847) 432-8900 | www.nssbethel.org

Connect With Us in 5783

By Rabbi Michael Schwab

We all need connections with others: we always have and we always will. From its inception, Judaism has realized this critical aspect of humanity and built upon it. Just look to our foundation story in the Torah (B'reishit 2:18), where it is written "It is not good for a person to be alone." And thus from the first human

being G-d makes a companion, helping us understand our need for one another, both for our personal fulfillment but also for our ability to reach our ultimate potential as beings created in the Divine image.

The Torah develops this critical message

through highlighting family relationships with the stories of our patriarchs and matriarchs and then our blossoming into a people and a national community.

Thus Judaism has always been about the individual relating to something even larger than themselves. It is when a Jewish person consciously realizes their place in the midst of the concentric circles of responsibility and relationship, uniting the individual with the world, that the inner nature of the Jewish story can be fulfilled properly. A feeling of connection with people leads to an even stronger feeling of responsibility for them. From this foundation we create a caring community that benefits all of the individuals within it as well as enables its members to accomplish the most good in the world.

I am proud that Beth El has such a strong community. And we each could both benefit personally, and help others, when we participate in community. This, of course, means coming to weekday, Shabbat and holiday services. This means coming to our programs and joining our classes. This means celebrating Jewish life with us helping us repair the world together. All of these activities enrich our lives and bring us closer to one another.



Wine and Wisdom Class at Binnys

One special way this year that Beth El is helping us to deepen our connections with one another is by creating a mutual interest program so Beth El members can connect with other Beth El members who share interests or hobbies. To participate all you have to do is fill out an interest form in ShulCloud, which would then allow the organizers

to help create interest groups. This simple program will allow us to enhance our already lovely warm community by making it easier to connect with others around things people find meaning-

ful, even if it is not an activity that is currently offered by the shul. In addition, you can always find meaning in participating in our social action program, helping the broader community, or by helping HAZAK, our group that reaches out to members in need.



Scan QR code to go to our online interest form

Relationships are at the heart of life and Jewish community fosters strong relationships based on timeless values. I look forward to gathering together as a Jewish community over the holidays, which will serve as a potent reminder of the importance of community and the connections we make to one another. So let us all strengthen our community for ourselves, our families and our society!

President's Corner

The High Holidays Mean Fall Has Arrived

By Stuart Hochwert, NSS Beth El President



It is hard to write this in mid-July without mentioning the July 4th tragedy in Highland Park. We remember those who lost their lives and pray for those who were injured physically and for those who have been traumatized. Beth El can arrange for counseling in-person or by Zoom. Please contact our clergy or office anytime for more information.

I would like to thank our community leaders once again; from local, regional, state police and Federal agencies for all that they have done and continue to do for our community. And a thank you to all the first responders, both the paramedics and local doctors and medical professionals in our community and at the hospitals who jumped into action.

I would also like to thank our clergy for their incredible support. Our healing service on July 5th was attended by over six hundred people in-person and via Livestream. Providing pastoral care in a time of need cannot be easy. Providing support for so many makes me Beth El Proud.

Transition to the High Holidays after an event like July 4th is not easy. And yet the calendar and our will tell us we need to begin our preparations. Our High Holiday services will be both in-person and Livestream. We encourage you to come in-person if you are comfortable, even if just for an hour or two. We would enjoy seeing you.

Services for the first day of Rosh Hashanah, Kol Nidre and Yom Kippur will be like always - at the Highland Park High School and synagogue. For Erev Rosh Hashanah, the second day of Rosh Hashanah and Neilah we will all be together at the synagogue.

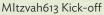
Security has always been important at Beth El. We have armed security at Beth El every day. We continue to upgrade our hardware, policies, and procedures. Some measures are visible, some measures are not. We consult with local and Federal agencies and just completed additional training from the Department of Homeland Security.

It is amazing to me how busy Beth El is 365 days per year. Twice daily minyanim. Steinberg Pre-School, Cohen Religious School, Adult Education, Special Events, Social Action and so much more. Belonging to Beth El gives you access to all our programs. Look online at www.nssbethel. org and see what is 'playing' this week.

Every member of Beth El is encouraged to assist in writing continued on page 22

Recent Happenings at Beth El















Worldwide Wrap

Shabbat Schedule

Please refer to our NSSBE@ Home page for accurate Minyan times as they will be changing in the upcoming months.

www.nssbethel.org/about/ nssbehome/

You can also find weekly Minyan times in the Thursday Kol Beth El email blast.

Clergy:

Rabbi Michael Schwab* Rabbi Alex Freedman Hazzan Jacob Sandler Hazzan Jenna Greenberg Rabbi Vernon H. Kurtz, Emeritus



Please note:

For weekly Torah and Haftorah readings, clergy commentary, and Zoom links, please open your weekly Thursday Kol Beth El emails.

Zoom links can be found at https://www.nssbethel.org/ about/nssbehome/

For classes, meetings and other scheduled events, please refer to our website calendar or call the synagogue office at (847) 432-8900.

*Rabbi Schwab occupies the Vernon H. Kurtz Senior Rabbinic Chair



September

Friday, September 2

6:00 pm Kabbalat Shabbat 7:05 pm Candle Lighting

Saturday, September 3

Parashat Shoftim 9:00 am Shabbat Service 8:05 pm Shabbat Ends 8:05 pm Ma'ariv/Havdalah (Zoom)

Friday, September 9

6:00 pm Kabbalat Shabbat 6:53 pm Candle Lighting

Saturday, September 10

Parashat Ki Teitzei 9:00 am Shabbat Service 7:52 pm Shabbat Ends 7:55 pm Ma'ariv/Havdalah (Zoom)

Friday, September 16

6:00 pm Kabbalat Shabbat 6:40 pm Candle Lighting

Saturday, September 17

Leyl Selichot Parashat Ki Tavo 9:00 am Shabbat Service 7:39 pm Shabbat Ends 7:40 pm Ma'ariv/Havdalah (Zoom)

Friday, September 23

6:00 pm Kabbalat Shabbat 6:28 pm Candle Lighting

Saturday, September 24

Parashat Nitzavim 9:00 am Shabbat Service 7:27 pm Shabbat Ends 7:30 pm Ma'ariv/Havdalah

Friday, September 30

6:00 pm Kabbalat Shabbat 6:16 pm Candle Lighting

October

Saturday, October 1

Shabbat Shuvah Parashat Va-yeilekh 9:00 am Shabbat Service 7:14 pm Shabbat Ends 7:15 pm Ma'ariv/Havdalah (Zoom)

Friday, October 7

6:00 pm Kabbalat Shabbat 6:04 pm Candle Lighting

Saturday, October 8

Parashat Ha'azinu 9:00 am Shabbat Service 7:03 pm Shabbat Ends 7:05 pm Ma'ariv/Havdalah (Zoom)

Friday, October 14

5:52 pm Candle Lighting 6:00 pm Kabbalat Shabbat

Saturday, October 15

Shabbat Hol HaMoed Sukkot 9:00 am Shabbat Service 6:52 pm Shabbat Ends 6:55 pm Ma'ariv/Havdalah (Zoom)

Friday, October 21

5:42 pm Candle Lighting 6:00 pm Kabbalat Shabbat

Saturday, October 22

Parashat Bereshit *This week evening Mincha/Ma'ariv services resume in person going 9:00 am Shabbat Service 5:30 pm Mincha/Ma'ariv/Havdalah 6:41 pm Shabbat Ends

Friday, October 28

5:32 pm Candle Lighting 6:00 pm Kabbalat Shabbat

Saturday, October 29

Parashat Noach 9:00 am Shabbat Service 5:15 pm Mincha/Ma'ariv/Havdalah 6:32 pm Shabbat Ends



November

Friday, November 4

5:23 pm Candle Lighting 6:00 pm Kabbalat Shabbat

Saturday, November 5

Parashat Lech-Lecha 9:00 am Shabbat Service 5:15 pm Mincha/Ma'ariv/ Havdalah 6:24 pm Shabbat Ends

Friday, November 11

4:15 pm Candle Lighting 6:00 pm Kabbalat Shabbat

Saturday, November 12

Parashat Vayera 9:00 am Shabbat Service 4:00 pm Mincha/Ma'ariv/ Havdalah 5:17 pm Shabbat Ends

Friday, November 18

4:09 pm Candle Lighting 6:00 pm Kabbalat Shabbat

Saturday, November 19

Parashat Chavei Sara 9:00 am Shabbat Service 4:00 pm Mincha/Ma'ariv/ Havdalah 5:12 pm Shabbat Ends

Friday, November 25

4:04 pm Candle Lighting 6:00 pm Kabbalat Shabbat

Saturday, November 26

Parashat Toldot 9:00 am Shabbat Service 4:00 pm Mincha/Ma'ariv/ Havdalah 5:08 pm Shabbat Ends

Please Note: for a complete schedule of Rosh Hashanah, Yom Kippur, and Festival Services, please turn to page 12.

Music

Diversifying The Portfolio – What's Up With The Choir?

By Hazzan Jacob Sandler



It's hard to believe that my second round of High Holidays are approaching here at Beth El. While the pandemic is not completely over, per se, we are looking forward to re-establishing a new normal, and have enjoyed the growing return to in-person services.

Way back when I was interviewing for Beth El, there were a lot of deeply held feelings about the Choir. Some people love it. Some people really don't. Personally, I believe in diversifying the portfolio. Choral music gives us an opportunity for vocal harmony, full chords and elevated musicality in a service. That kind of elevation can be inspiring to the listener, and keys us into the meaning of the liturgy - even if we don't know word for word what it means.

However, if the Musaf service was all big choral harmonious music, the community might be overwhelmed, the Hazzan would have to work harder to know and conduct the arrangements, and there might appear to be less emphasis on communal participation - a major goal of the service from my perspective.

So I diversify the portfolio! Some moments are just the Hazzan davening in straight, efficient Nusah - improvising

as a Cantor does within the designated key and tonality of the day. Other moments like Kol Nidre, Hineni and the Great Aleinu are Cantorial solo pieces, meant to be emphasized and expressed by the Hazzan alone. Many moments we come together and sing congregational melodies filling the whole room with our voices. Finally, some moments we have harmony.

This year, building on a tradition started by friend and colleague Hazzan Tisser, we will have young soloists doing duets. It is my hope that Hazzan Billy Weisel will also sing with me on Rosh Hashanah Day 2, which would surely be a highlight. And I'm excited to begin rehearsing with a Youth Ensemble that will feature even more of Beth El's future while also adding harmony to a few key moments in the service. A lot of folks told me they liked the Chassidic Kaddish Shalem at the end of the service (with the 'bum bums'), so please note if you want to experience that, you may need to stick around a little longer. I hope you will and I'll be ready to greet you with a "Shanah Tovah" before heading to lunch!

Whether you loved the choir or not, I'm feeling enthusiastic about this year's service. It's sure to have something for everyone. Shanah Tovah u'metuka!

Luau on the Lake

















Congregational Learning

Being Together with Community is Essential

By Ali Drumm, Director of Congregational Learning



In the PJ Library summer magazine article by Sam Borden called "How am I supposed to explain this?," the author interviewed Jeff Finkelstein, CEO of the Jewish Federation of Greater Pittsburgh who has been processing his community's experiences after the Tree of Life Congregation's tragedy in 2018. Finkelstein recalled his reaction when almost every family of their JCC preschool showed up to class days after the incident- "They were part of the community, and they were going to go to school." Borden shared that "togetherness, obviously, is especially meaningful

can mean physical proximity, a kinship between people, or a similarity in nature between things. This unusual word illustrates how we as human beings end up in the communities and relationships, in that our experiences and decisions link us in a deep way to others.

If you went to camp every summer as a child, you probably made some lifelong friends because you had the same kids in your bunk year after year. Our classmates become an obvious "daily" pool of people we connect with because of the physical proximity. In deciding where to live our adult lives, friends may also come through daily proximity to our neighbors, hobbies, or workplaces. Even if we don't live in Highland Park, the events this summer have caused us to feel the communal bonds as we embrace each other in the process of healing and feel connected as a community. We decide, maybe more than once as our life circumstances change, to be part of a synagogue community.

Many of you have spent decades here, and possibly raised your children here.

Some of you are just dipping your toes in and trying to decide if this all feels right for you. Coming to minyan, celebrating Shabbat or holidays regularly, means that you see the same faces day after day, year after year. The propinquity effect connects you to the people you see each time you come. While we have said "HP Strong" in our lawn signs and bumper stickers, we now need to do that work to support one another in building a sense of community that survives pandemics and tragedies.

My family experienced a loss this summer, and I have never been more certain that the investment we have made in community pays amazing dividends in our moments of need.

As we begin the year 5783, if you don't already, I highly encourage you to consider coming to services more often, to reinforce or create new connections with your fellow congregants. Sign up for a class this fall, join the Sisterhood Torah Fund Book Club, or attend a Men's Club event, have your child become part of our Youth Community

continued on page 22

pro·pin·qui·ty

in the aftermath of a traumatic event, when people are desperate for the support that can only come with shared emotion. But...a feeling of community is imperative too in everyday life."

My friend has recently become enamored of the word "propinguity," which refers to the physical or psychological proximity between people. Propinquity

Lifelong Learning

Recommended Reading from Rachel Kamin

By Rachel Kamin, Director of Lifelong Learning

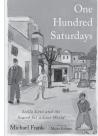


Ever since I read Dara Horn's collection of essays, People Love Dead Jews, I have been on the lookout for books that highlight how Jews lived, not just how they died. And when a book does depict the Jewish experience before and during World War II, I want it to include rich descriptions of Judaism, Jewish practice, and Jewish culture. Well, this summer I discovered two new books that fit the bill perfectly:

When I Grow Up: The Lost Autobiographies of Six Yiddish Teenagers

is a graphic nonfiction book based on never-before-published autobiographies of six eastern European Jewish teens in the 1930's that were discovered in 2017 in a Lithuanian church cellar. Ken Krimstein's evoc-





ative two-toned illustrations bring the words, thoughts, feelings, and personalities of these young adults to life in a unique, poignant and accessible way. Krimstein teaches at DePaul University and the School of the Art Institute of Chicago and When I Grow Up was an NPR Best Book of the Year, a Washington Post Top Ten Graphic Novel of 2021, and a Chicago Tribune Fall "Best Read."

One Hundred Saturdays is the remarkable story of ninety-nineyear-old Stella Levi whose conversations with the writer Michael Frank bring to life the vibrant world of the Jewish community on the Greek island of Rhodes, the deportation to Auschwitz that extinguished ninety percent of them, and the resilience and wisdom of the woman (one of the last Jewish survivors) who lived to tell the tale. Full-color gouache paintings by Maira Kalman beautifully depict Stella's life with her family and friends. One Hundred Saturdays was the 2022 recipient of the Jewish Book Council's Natan Notable Book Award this past spring.

Both books are available in our Maxwell Abbell Library and from public libraries, as well as from local and online booksellers.

Religious School

New Year, New Curriculum

By Anna Besser, Jack and Mildred Cohen Religious School Director



The school year has begun and we are excited to welcome our students back in the halls of NSS Beth El. The CRS Committee and I are excited to share exciting updates to the Cohen Religious School curriculum.

The Jewish calendar is filled with opportunities for new beginnings. Each new year, new month, and week is an opportunity for renewal and growth. We are now at a time of new beginnings. This past year we listened to students, parents and teachers while collaborating with the clergy and education team to evaluate our program. With our students' Jewish identities and values at the forefront, we are thrilled to introduce new curricular components to the CRS learning experience.



We believe the curricular changes will provide our students with opportunities to explore and deepen their Jewish identity while supporting their social and emotional needs.

The curricular changes will focus on building 21st century skills, Tefillah-based Hebrew, and Middot (value)-based curricular units that weave together the holidays, Jewish text, history, customs and traditions. These ingredients blend together for a rich and vibrant religious school experience that take into account our curricular capacity as a 5-hour a week program.

Highlights include:

- Tefillah-based Hebrew that focuses on synagogue and prayer skills.
- Shabbat attendance component.
- Value-based curriculum from Shalom Learning that has a modern, integrated and holistic approach to learning.
- Incorporation of Moving Traditions
 B'nai Mitzvah program in 6th grade
 that speaks to the psychological, spiritual, social and developmental issues
 that families face as they prepare for
 and celebrate their B'nai Mitzvah.

Shanah Tovah to My New Beth El Family

By Hazzan Jenna Greenberg, Ritual Director

Ritual Director



I have been enjoying the opportunity to get to know many of you since my arrival at Beth El this summer! So I'd like to take this opportunity to say Shalom and tell you a little bit about me.

Born in Rochester, NY and

raised in Philadelphia, PA, I

spent my high school years in Pittsburgh. I attended Earlham College in Indiana, where I majored in Music and minored in Jewish Studies. While there, I spent a semester abroad in Vienna, Austria. This international experience was so phenomenal that it led me to return to Vienna again following my graduation from Earlham,

My global travels continued shortly thereafter in Jerusalem, where I began my cantorial studies. The following summer, I returned to New York to complete my Masters of Sacred Music and cantorial investiture at the Jewish

this time as the professor's assistant.



Hazzan Greenberg with her family

Theological Seminary.

I have served in many Jewish communities, including Washington, DC where I was the Ritual Director at Adas Israel Congregation for many years. I spent a couple of years here in Chicago, where I taught Tefillah and Trope at Solomon Schechter at both the Northbrook and Skokie campuses. I had the opportunity to serve as High Holiday Hazzan at a congregation in Boston for several

years as well.

More recently, I directed the Dayton Jewish Chorale, a community choir that I co-founded in 2015. I spent this past school year teaching third grade Judaics at Columbus Jewish Day School, tutoring many B'nai Mitzvah students, and providing piano (and occasionally accordion) accompaniment for local synagogues and day schools.

I believe that teaching is a sacred vocation, and that Tefillah has great power to transform individuals and enhance the holiness of community.

I am married to Rabbi Joshua Ginsberg, and we have three boys, Ranon, Elior and Matan. We all feel so warmly welcomed by Beth El, and we look forward to getting to know all of you as we begin this new year of 5783 together.

Wishing us all a Shanah Tovah!

Membership & Development



Writing in the Torah and Creating a Legacy

By Judy Berkeley, Membership & Development Director

As part of our Mitzvah613 Torah Writing Project, we are fundraising the dollars necessary to do a complete renovation of our education wing. Our plan is to modernize and better secure the school's entryway, and remodel all classrooms, hallways, offices, and bathrooms. Each classroom will receive state-of-the-art technology including Smart Boards, computers, video conferencing and new furniture to enhance group learning and participation. Our goal is to ensure that our education wing remains an appealing and attractive place for children and adult learners of all ages and for generations to come.

To date, we have raised \$1,451,397 with a goal of just over \$2M. If you would like to participate in this exciting endeavor, please contact me at 312-720-0045 or jberkeley@nssbethel.org or mitzvah613@nssbethel. org. Also, be sure to visit our website at https://nssbe.shulcloud.com/form/mitzvah-613-pledge to make your gift directly!

As of July 2022, the following have made a pledge to the campaign, and we thank you!

Visionary of the Torah (\$250,000)

Andrea & Kenneth Saffir

Chai Guardian of the Torah (\$180,000)

Joan & William Brodsky

Guardian of the Torah (\$100,000)

Rochelle & Leanord Foxman Nina & Arnold Harris Dr. Laurie & Andrew Hochberg Ann Dee & Edward Holland Karen & William Silverstein

Scholar of the Torah (\$36,000 - \$99,999)

Wendy & Steve Abrams
Gail & Andrew Brown
Maryl & Medwin Dayan
Barbara & Stuart Hochwert
Julie & Colman Kraff

Champion of the Torah (\$18,000-\$35,999)

Mally Rutkoff
Nina & Mark Gaines, Sarah & Matthew
Gaines and Jill & David Friedman

Leader of the Torah (\$10,000-\$17,999)

Nancy & Maury Fertig
June Back Frydman
Karen & Michael Kesner
Leslie & Jonathan Kind
Stephen Levin
Helaine & Howard Resnick; Harriet &
Joey Resnick; Rachel & Ron Cooper
Roberta & Leonard Tenner
Matthew Zell Family Foundation

Keeper of the Torah (\$5,000-\$9,999)

Sam & Jayme Besser Annette & Gerald Blumberg Drs. Carol & Gordon Derman Calvin Eisenberg Kim & Eric Ephraim Judy & Gerald Farby Mindy & Jeffrey Gordon Marla & Terry Grossberg Lois Lourie & Michael Gurtman Gwen & Scott Heyman Ruth & Malvin Kaufman Roberta & Jeffrev Kwall Jane & Scott Lederman Gigi Cohen & Michael Levin Terri & Michael Lipsitz Jackie & Michael Melinger Sandy Starkman & Larry Pachter Renee Hirsch & David Schwartz Dawn Sidney & Gordon Schwartz Beth & Ben Shapiro Margaret & Alan Silberman Judy & Michael Smith Leslye & Brian Whittman

We also have many gifts in the following categories:

Friend of the Torah (\$613-\$4,999)

47 Gifts

L'Dor Va'Dor (\$6.13-\$612)

67 Gifts

For those of you who have not yet committed, we are accepting gifts throughout the fiscal year 2022-2023.

Kol Nidre Appeal

As our summer is winding down and we begin to think about the High Holidays, please consider increasing your gift to our Kol Nidre Appeal this year. After the horrific event at the Independence Day Parade, and as COVID-19





continues to affect our community, we need your support more than ever to continue offering the invaluable Beth El programs that keep our community strong and vibrant. To make your donation online, you can simply go to nssbe. shulclould.com, click on "donate" and then "donation." Once in your account, the Kol Nidre Appeal will be the second drop down item listed. Shanah Tovah!

We are pleased to announce that our Kol Nidre Appeal speakers this year are Dr. Laurie Hochberg, who will speak at Beth El, and Ben Leshem who will speak at Highland Park High School (pictured left).

Youth **Community**

Exciting Youth Programming in 5783!

By Sarah Topal, Director of Youth and Family Engagement



The High Holiday season brings programs for everyone, and the youth department is excited to celebrate with you. Sukkot and Simchat Torah have historically brought special and exciting programs to kids of all ages, and this year is no different. With the help of Ellie Goldsmith, our Youth Engagement Assistant for 2nd-8th grade, we are excited to continue some of our classic programs.

For Sukkot, on Thursday, October 13, we invite families with young children (in collaboration with the Steinberg Pre-School) to join us for Pizza in the Hut, a pizza party for all as we enjoy being in the Sukkah together. On Sunday, October 16, our middle school and high school kids will enjoy Sushi in the Sukkah, one of the alltime favorite programs of the year!

Our High Holiday season culmi-





nates with Simchat Torah, and it's a chance for all of our kids to take center stage! We invite our families with Young Children to join in for an early Simchat Torah celebration on Monday, October 17 as we sing songs, read stories, and make edible Torahs for all to enjoy. We follow this with the congregation-wide celebration!

For our high school students, the High Holiday season brings opportunities for teaching, reuniting with friends, and helping the larger community celebrate. Under the leadership of Alicia Vinocur, our High School Programming Director, our teens can be found leading Children's High Holiday services, enjoying Sushi in the Sukkah with friends, and helping serve ice cream at the synagogue Simchat Torah celebration-a favorite for all!

We hope to see many of you (of all ages!) at these programs as we join together for this special time.

Pre-School

New Beginnings

By Kory Goldenberg, Paul S. and Sylvia Steinberg Pre-School Director

The best aspect of our work at the Steinberg Pre-School is that while others are disappointed summer is over, we are gearing up and getting excited about the expectations of a new school year. With a new school year comes new beginnings. This is an important time in the lives of our families as many of them are joining us for the first time. We are getting ready to embrace them into our community. Our teachers are eagerly anticipating each new class and the Jewish community that they will create not just for their students, but the whole family.

We look forward to welcoming in over 100 children and families to our school. Our school community continues to grow and thrive as we welcome several new teachers to our staff. This year we have 3 new teachers joining us. Our teachers, with their knowledge of early child-



NSSBE Summer Camp 2022

hood education as well as their love of young children are professional, hardworking and loving. They challenge each other and continue to bring fresh ideas to our children. They are the backbone of our program.

The way we set up our classrooms; in the bulletin boards that display our children's work; in the way the teachers interact with the children and their families-listening, responding, questioning and always respecting- are all examples of the Jewish community

we are creating.

Our Pre-School is the gateway to Jewish life. We not only introduce families to the joys of Judaism, but also bring families into the community of the synagogue and the practices and traditions of our people. As we prepare our children for their next educational steps we are also preparing them to be

part of a caring and committed Jewish community.

We have classes for children from infants through pre-kindergarten. Please let your family, friends and neighbors know about our program. Drop by the Pre-School office or call me at 847-926-7907 or e-mail me at kgoldenberg@nssbethel.org. I look forward to giving you a tour of our school.

Introducing Our New Educational Team

By Ali Drumm, Director of Congregational Learning

We are proud and excited to introduce three new members of our Educational Team.

High School Programming Director



Alicia Vinocur is our new High School Programming Director, supervised by Sarah Topal, our Youth and Family Engagement Director. Alicia brings significant experience in Jewish education and

engagement. Originally from Columbus, Ohio, Alicia graduated from Indiana University. She also has earned a Certificate in baking and pastry from the French Pastry school. Alicia currently teaches Junior Kindergarten at Chicago Jewish Day School. Prior to working at CJDS, Alicia worked for Camp Ramah in Wisconsin. Spending many summers at camp, Alicia has worked with kids and teens of all ages, and even returned to camp this summer to help! Alicia will oversee our BEANS USY chapter, engage with our Jewish Teen Project participants, and help to facilitate teen engagement throughout our community. Contact her at: avinocur@nssbethel.org.

Education Assistant



Phyllis Levun-Agostino is our new Education Assistant, supporting administrative work in our Paul S. and Sylvia Steinberg Preschool, our Jack and Mildred Cohen Religious School, and

our Sokol Hebrew High School/Jewish Teen Project. Phyllis has spent much of her career teaching in public and private schools, and teaching art in local synagogues! Originally from Maine, Phyllis is a Highland Park resident and excited to support the mission of Jewish education in our community. She will be working Monday through Friday 8-3 and will work with Rayna Forman who will work on Tuesday and Thursday afternoons and Sundays to support our schools. Contact her at: plagostino@ nssbethel.org.

Pre-School Assistant Director



Staci Rosenberg is joining us as our new Paul S. and Sylvia Steinberg Pre-School Assistant Director. She brings over 15 years' experience as a kindergarten teacher in the Evanston/Skokie School

District 65 and we are excited to benefit from her experience in curriculum, technology, and creating nurturing classroom environments. Staci is a passionate early childhood education professional whose love of learning, mentorship, coaching, and relationship-building skills will be an incredible asset to our preschool community. Contact her at: srosenberg@ nssbethel.org.

We can't wait to see what's next for this incredible team of educators and look forward to our collaborations between departments and across cohorts.

Fall Holiday Rituals

By Marla Grossberg, Ritual VP







Dipping apples in honey, stringing popcorn and cranberries to hang across the sukkah beams, making latkes... these are some of rituals that make the Fall Jewish holidays so special and meaningful. But what is a ritual exactly? And why do we find them so comforting?

A ritual is the "performance of ceremonial acts prescribed by tradition" according to Britannica. It's the rituals performed by Jews that help describe us as a people; they set us apart from other cohorts yet galvanize and strengthen us as a Jewish people. Rituals, by definition, are performed the same way at the same time. So, when they occur, they feel familiar and comforting. They might remind us of special people who are no longer here or new twists might be introduced as families evolve. As parents, we consciously or even subconsciously keep the Jewish traditions going from one generation to the next by performing the same Jewish rituals,

particularly around these Fall holidays, that have been in practice for centuries. They are a tangible expression of Judaism that all can understand and appreciate which help keep the Jewish people going.

Rituals are more than just tasks at the holidays; they are ties to the past and hope for the future. Jews have been denied their right to perform rituals throughout our history. Yet Jews found a way to practice them in secret as a sign of strength, solidarity, and responsibility to keeping Judaism alive no matter the circumstances. I imagine these rituals provided light in times of darkness.

I'm grateful that Beth Ell celebrates, teaches, and practices these and other Jewish rituals throughout the year. As you read this, think about what your favorite rituals during this season are... and let me know! I'd love to hear from you.

L'Shanah Tovah!

Sisterhood



Beth El will celebrate its 75th anniversary in 2023, but Beth El's Sisterhood will celebrate its 75th anniversary in 2022. Why the discrepancy in the dates of the celebrations?

Since 1978, the synagogue has celebrated its "founding" as having occurred in 1948, when the Price Mansion was acquired as its permanent home. However, Beth El was actually incorporated as an Illinois not-for-profit corporation on July 18, 1947.

Sisterhood was organized in October, 1947, three months after Beth El was incorporated. The organizational meeting took place at the Evanston home of Isadore and Sarah Braun. (Isadore would later serve as the architect for the synagogue's school building and its auditorium. Sarah was an active member of Sisterhood for many years. In the 1960s she also wrote an autobiographical account of her life with Isadore, including their activities at Beth El. A copy of Your First Trip Abroad; I Envy You is available in the Maxwell Abbell Library.)

After 1947, Sisterhood's membership grew rapidly and over the years it implemented many varied and significant programs for its members and for the congregation in general. Sisterhood initially assumed responsibility for overseeing the young congregation's formal

educational programs, a task performed diligently by its first president, Stella Natenberg. Subsequent programs included an annual garden sale, its popular Selling Bee, Beth El's Art Festival, Torah Fund classes, its Sisters in Service program, and many others. It



also published two best selling cookbooks: *Tradition in the Kitchen I* and *II*. Throughout its 75 years, Sisterhood has also consistently provided critical financial support to the synagogue, often by direct contributions and frequently by providing essential physical equipment for the operation of the synagogue's programs, including the school's first bus and the equipment for the synagogue's kitchens.

But perhaps the activity that most congregants associate with Sisterhood is its amazing gift shop. Soon after Beth El moved into the Price Mansion, Sisterhood was quick to open its first gift shop to enable congregants to purchase needed items of Judaica. Shown here, in a photograph by Leonard Birnbaum from the Beth El archives, is that first gift shop, located in the main lobby of

the Price Mansion adjacent to the dining room, now the Pinsof Children's Reading Room. Behind the single counter are (L to R) Sisterhood members Sylvia Kahn and Shirley Glazier. (If you can identify the woman on the far right, please contact Rachel Kamin at the synagogue.) Today, Sisterhood's gift shop is prominently located in its owns quarters on the central corridor of the synagogue premises and is ably chaired by Pam Schlosberg and Sulie Holt.

Since 1947, thirty-nine women have served as president of Sisterhood. Its current president is Karen Weiss, a long-time and active member of the Beth El community. Karen and her board will lead the way in celebrating the truly meaningful accomplishments of Sisterhood and its many contributions to the synagogue since its founding 75 years ago. Sisterhood has been an essential component of the congregation throughout the past 75 years and has helped make Beth El the vibrant congregation it is today.

Sisterhood's Gift Shop – Another Tradition by the Lake

By Sulie Holt and Pam Schlosberg, Gift Shop Co-chairs

Our Gift Shop is a part of a long Sisterhood tradition of service. It's our gift to you, our Beth El family. Our commitment, to be here for you and to help where we can, is basic to who we are – a part of our history that transcends time and generations and reflects the unique joy that we feel as we enter our diamond milestone – our 75th Anniversary.

Our memory bank is filled with the warmth and joy we had in serving you over these years.

We also recall the amazing women who preceded us, their brilliant resilience and strength so like the diamonds associated with a 75th anniversary. These tireless women set the tone of service that became our signature. They had a vision for a place that would be a convenient resource for beautiful Judaica and gifts and the determination to make it a reality. We especially wish that Diane Levin z"l, our co-chair with whom we worked for over eleven years, could be here to celebrate this milestone

We are honored to stand now as stewards of this tradition. The doors will be open on Sundays, starting September 11 – and always by appointment. We look forward to serving you and welcoming you to the Gift Shop.

The Gift Shop is open every Sunday from 8:30 am to 1:00 pm. OR call for an appointment and we can arrange a time to meet. Call Sulie: 847/558-3389; or Pam: 847/433-7546.

Men's Club

Men's Club Corner

By Jori Brajer, Men's Club Executive Vice President

Why Be Part of the Men's Club?

After moving back to Highland Park in 2013, I started becoming involved in the North Suburban Synagogue Beth El Men's Club as a member attending the usual programs, World Wide Wrap, Bagels for Your Brains, Caveman Dinner and of course

Steak and Scotch. Beyond the activities, I started to make great new friends and feeling more connected with people at Shabbat Kiddush and other Beth El events. My network began to grow exponentially, and I always had someone to talk to.

Men's Club allows for not just camaraderie but also service to the community. The members of the Men's Club volunteer in many capacities throughout the year, may it be as coordinating ushers on the High Holidays, supporting the resumption of in-person Sunday morning minyan or arranging



for the Annual Beth El Blood Drive and assisting with the Yom HaShoah program. Men's Club is there not just for the synagogue community but beyond, with our active support of Moat Chitim and most recently the Illinois Holocaust Museum through our Annual Yom HaShoah campaign.

One does not need to do everything I listed to be part of Men's Club. That is definitely a lot, but the great thing about the club is it allows you to do what you want to do. We offer a variety of programs and opportunities for everyone and are also seeking out new ideas for other things to do. Over the

course of the coming year, we will co-host Trivia and Game Nights with the Sisterhood, sponsor a backyard barbeque for young and school age families and coordinate Kiddush Club deli lunches following select Shabbat services. Please consider joining us at these events, and feel free to bring a friend.

If you are interested in finding out more about the Men's Club or have program ideas, please contact Dan Gross at grossd@gmail.com, Jori Brajer at jbrajer@gmail.com or any of the Men's Club Board members.

Backyard Family BBQ

September 11 Backyard and Patio

Keeper of the Flame

October 23 Blumberg Auditorium

Men's Club Lox Box Event and Fundraiser

Order your Lox Box by November 28 Delivery on December 4

SELICHOT

{Saturday, September 17, 2022}

Selichot comes from the Hebrew word s'licha, or pardon. Selichot is the opening service of the Penitential Season, observed on the Saturday night prior to Rosh Hashanah. It is the first time we hear the haunting nusah (liturgical modes) of the High Holy Days, and much of the liturgy reflects that of the Erev Yom Kippur service. Historically the service would start around midnight, going into the early morning.

Today, we use the evening as an opportunity for study and self-reflection, as well as prayer. We invite you to join us as we begin the High Holy Day season with a special lecture by Rabbi Goldie Guy, Director of the newly opened Hadar Chicago, followed by Hazzan Sandler leading Selichot services.



9:30 pm 10:00 pm

Dessert Reception Forgiveness: Between the Law and Lived Experience *

11:00 pm

Selichot Service *

*The lecture and service will be available on the Livestream



We know that the process of seeking and granting forgiveness can be messy. The Talmud tries to

create some order by teaching that before Yom Kippur, one should seek to appease those they have wronged.

This is the perfect topic for us to consider as we prepare for High Holidays 5783. Join Rabbi Goldie Guy to study a section of the Talmud which weaves together law and narrative to illustrate the complexities of reconciliation.

High Holiday and Festival Service Schedule 5783

Saturday, September 17 - Selichot

9:30 pm - Dessert Reception

10:00 pm – Forgiveness: Between the Law and Lived Experience

11:00 pm - Selichot Service

Sunday, September 25 - Erev Rosh Hashanah

6:00 pm - Mincha/Ma'ariv

6:25 pm - Candlelighting

Monday, September 26 - Rosh Hashanah 1

8:15 am - Shacharit Service

9:15 am - Outdoor Preschool Family Service (NSSBE Backyard)

10:15 am – Outdoor Jr. Congregation Family Service (NSSBE Backyard)

10:15 am – Indoor Drop Off Children's Services (both NSSBE and HPHS locations)

5:45 pm – Neighborhood Shofar Blowing/Tashlich - watch for details in our email

6:30 pm – Mincha/Ma'ariv

7:23 pm - Candlelighting

Tuesday, September 27 - Rosh Hashanah 2

8:15 am - Shacharit Service (NSSBE location only)

9:15 am - Outdoor Preschool Family Service (NSSBE Backyard)

10:15 am – Outdoor Jr. Congregation Family Service (NSSBE Backyard)

10:15 am – Indoor Drop Off Children's Services (NSSBE location only)

6:15 pm - Mincha

7:15 pm – Ma'ariv (holiday ends 7:21 pm)

Tuesday, October 4 - Erev Yom Kippur/Kol Nidre

5:30 pm – Mincha

5:45 pm - Kol Nidre

6:09 pm - Candlelighting

Wednesday, October 5

- Yom Kippur

9:00 am - Shacharit Service with Yizkor

9:45 am – Outdoor Preschool Family Service (NSSBE Backyard)

10:45 am – Outdoor Jr. Congregation Family Service (NSSBE Backyard)

10:45 am – Indoor Drop Off Children's Services (both NSSBE and HPHS locations)

4:45 pm - Mincha

5:00 pm – Outdoor Young Family Neilah (NSSBE Backyard)

6:00 pm - Neilah

7:08 pm - Ma'ariv/Holiday ends

7:25 pm - Final Shofar Blowing

Sunday, October 9 - Erev Sukkot

6:00 pm - Mincha/Ma'ariv

6:01 pm - Candlelighting

Monday, October 10- Sukkot 1

9:00 am - Festival Service

10:30 am - Jr. Congregation

11:00 am - Tot Sukkot Pray and Play

6:00 pm - Mincha/Ma'ariv

6:59 pm - Candlelighting

Tuesday, October 11 - Sukkot 2

9:00 am - Festival Service

10:30 am - Jr. Congregation

11:00 am - Tot Sukkot

6:00 pm - Mincha

6:55 pm - Ma'ariv (holiday ends 6:58 pm)

Sunday, October 16 - Hoshanah Rabah/

- Hoshanah Rabah/ Erev Shemini Atzeret

5:45 pm – Mincha/Ma'ariv

5:49 pm - Candlelighting

Monday, October 17 - Shemini Atzeret/ Leyl Simchat Torah

9:00 am - Festival Service with Yizkor

10:30 am - Jr. Congregation

11:00 am - Tot Shemini Atzeret

5:30 pm – Young Family Simchat Torah Celebration

5:45 pm - Mincha

6:45 pm – Ma'ariv/Hakafot/Dancing with the Torahs

6:48 pm - Candlelighting

Tuesday, October 18 - Simchat Torah

9:00 am - Festival Service

10:00 am - Hakafot Service w/Special Honors

10:45 am - Tot Simchat Torah/Jr Congregation

5:45 pm - Mincha

6:45 pm – Ma'ariv (holiday ends 6:47 pm)

HIGH HOLIDAY BOOT CAMP



Unlocking the Mahzor

SESSION I

Avinu Malkenu

with Rabbi Michael Schwab

> Tuesday, August 30, 8:30-9:30 am

SESSION II

Untane Tokef

with Hazzan Jacob Sandler

Wednesday, September 7, 8:00-9:00 pm

SESSION III

Vidui

with Rabbi Alex Freedman

Thursday, September 15, 12:00-1:00 pm

SESSION IV

Selichot

with special guest Rabbi Elie Kaunfer

> Sunday, September 18, 9:30-10:30 am

Attend one or attend them all Class will meet in person and on Zoom All sessions will be recorded open to the community, free of charge but registration is requested.

Beth El

To register visit the Continuing Education page on the Beth El website

Each session will delve into the biblical and rabbinic sources of key High Holiday prayers, with an eye toward unlocking meaning and connection to the larger themes of the holidays. Whether you are new to High Holiday liturgy and are looking









for a way in or you are looking to deepen your experience with all too familiar prayers, you will come away from these sessions with a more nuanced understanding of our liturgy and new ways of standing to pray. Attend one or attend them all. Class will meet in person and on Zoom; all sessions will be recorded. FREE.

*Rabbi Elie Kaunfer will join us in-person at Beth El for the Robbin Scholar Weekend, December 11-12, 2022. See page 15 for more details.



Prayer Book Hebrew Boot Camp with Ariela Haymberg

Mondays, 8:00–9:00 pm, August 22 & 29 and September 12 & 19, 2022

With the High Holidays approaching, take the opportunity to become more comfortable with the Hebrew prayers. Gain a deeper understanding of Hebrew grammar, root words, and key vocabulary found in both the mahzor and the siddur. Students should have basic Hebrew reading skills. Class will meet on Zoom. FREE. Contact Rachel Kamin at rkamin@nssbethel.org if you are interested in an introductory "Learn to Read Hebrew" class.

Register for High Holiday Boot Camp and/or Prayer Book Hebrew Boot Camp using this QR code.



Holidays AT A GLANCE | 2022-23 | 5783

ROSH HASHANAH B YT

Monday, September 26 & Tuesday, September 27

New Year, creation of Adam & Eve, Day of Judgement RITUALS:

Shofar; Tashlich; eat apples and honey





YOM KIPPUR B YT YZ



Wednesday, October 5

Holiest day of the year, Day of Atonement, Book of Life sealed

Major fast day; services all day

SUKKOT B YT Yom Tov (first two days)



Monday, Oct 10 - Sunday, Oct. 16

WHAT IS IT?

Festive. Commemorates how ancestors were sheltered as they

traveled from Egypt to Israel

Eat in Sukkah; Lulav and Etrog.

SHEMINI ATZERET B YT YZ Monday, October 17

RITUALS:

Yom Tov after Sukkot

SIMCHAT TORAH B Y

Tuesday, October 18

WHAT IS IT?

Finish reading the Torah

Dance with the Torahs; finish/begin Torah reading

CHANUKAH B

First Night: Sunday, December 18 - Monday, December 26

Rededication of the Temple after defeated Greek Army. Miracle of oil lasting 8 nights.

RITUALS:

Light the hanukiya; eat latkes/sufganiyot; play dreidel

TU B'SHVAT B

Monday, February 6, 2023

WHAT IS IT?

Beginning of "new year" for trees

Eat fruit connected to Israel

Purim B

Thursday, March 7, 2023

WHAT IS IT?

Saving of Jews from Haman by Esther

Megillat Esther; carnival; eat hamentashen; wear costumes

HOLIDAY BEGINS EVENING BEFORE





PASSOVER B YT Y Yom Tov (first two and last two days); Yizkor (last day)

Wednesday, April 5, (first Seder) - Thursday, April 13, 2023

Saving of Jews from slavery in Egypt

Seders; eat Matza; don't eat hametz

YOM HASHOAH B

Tuesday, April 18, 2023

Holocaust Rememberance Day

RITUALS: Memorial service

YOM HAZIKARON B

Tuesday, April 25, 2023

Israel Rememberance Day

RITUALS:

Memorial service

YOM HA'ATZMAUT B

Wednesday, April 26, 2023

RITUALS:

Israel Independence Day Celebrate Israel's independence

LAG B'OMER B

Tuesday, May 9, 2023

Festive. Celebrating the anniversary of the passing of the great sage and mystic Rabbi Shimon bar Yochai, author of the Zohar. It also commemorates the end of a plague that raged amongst the disciples of the great sage Rabbi Akiva. On Lag B'Omer the dying ceased.

Bonfires; haircuts; weddings resume

YOM YERUSHALAYIM B

Friday, May 19, 2023

WHAT IS IT? Jerusalem Day

Celebrate Jerusalem

SHAVUOT B YT YZ Yizkor (second day)

Friday, May 26-Saturday, May 27, 2023

Giving of the Torah on Mt. Sinai (10 Commandments)

Torah study (all-night); eat dairy

3 WEEKS

Thursday, July 6-Thursday, July 27, 2023

The "Three Weeks" and Tisha B'Av are designated as a time of mourning over the destruction of the Holy Temple.

Semi-mourning; no weddings, etc.

TISHA B'AV 🕒

Thursday, July 27, 2023

WHAT IS IT?

Mourning of the destruction of the Temple RITUALS:

Major fast day: Megillat Eicha



SAVE THE

JANET AND IRVING ROBBIN SCHOLAR IN RESIDENCE



Saturday, December 10 – Sunday, December 11, 2022 a weekend with Rabbi Elie Kaunfer

Rabbi Elie Kaunfer is President and CEO of the Hadar Institute. A graduate of Harvard College, he completed his doctorate in liturgy at the Jewish Theological Seminary, where he was also ordained. A Wexner Graduate Fellow and Dorot Fellow, Rabbi Kaunfer has been named multiple times to Newsweek's list of the top 50 rabbis in America.

Saturday, December 10 D'Var Torah during Shabbat Morning Services: Can Doubters Pray?

Does traditional Jewish prayer make room for people who have doubts about God and/or doubts about the efficacy of prayer? How might an approach to rethinking the meaning of the prayers open up new possibilities for the skeptics among us?

Post Kiddush Lecture: The Mourner's Kaddish - A New Interpretation

Join us as we explore the essence of the Kaddish, perhaps the most misunderstood prayer in Judaism. We will move on an interpretive journey that has implications for all prayers we say. Along the way we will encounter the power of the Kaddish, a poignant depiction of God's relationship with us, and what people can offer the Divine.

Sunday, December 11 8:45 am Morning Minyan 9:15 am Breakfast 9:30 am Lecture

Making Hard Decisions about Tzedakah and Resource Allocation: The day the rabbi skipped class

Am I supposed to love everyone in the universe equally? How can I morally justify allocating resources to one group of people over another? Come explore these timeless questions through a fascinating story of a rabbi who refused to come to class because of his objections to particularism, and the crisis that ensued.

Questions? Contact Rachel Kamin, Director of Lifelong Learning, at rkamin@nssbethel.org or 847-926-7902.



Sukkot is Coming!



TIME TO ORDER YOUR LULAV/ETROG AND SCHACH

Orders are due by **September 13, 2022**. Late orders will not be accepted. Return check by October 6, 2022 to front office: NSS Beth El, 1175 Sheridan Road, Highland Park, IL 60035 attn: Hazzan Greenberg. Please make checks payable to NSS Beth El. **Use the QR code on the right to order online.**

22

	_ set(s) of Lulav/Etrog @ \$65.00 per set		
	_ bunches of Schach @ \$25.00 per bunch	Total amount enclosed \$	
Name:		Phone:	
Email Ad	dress:		
Pickup O	NLY Sunday, October 9, from 9 am2 pm. Co	ontact Hazzan Greenberg with questions at jgree	nberg@nssbethel.org.

Rabbi Schwab Discretionary Fund

In honor of anyone whose needs were affected by 4th of July shooting - **Rhoda Goldberg**

In honor of Ethan Small, son of Richard and Janice Small, on his college graduation - **Karen Weiss**

In honor of Hazzan Barbara Barnett for all of her knowledge she shared with everyone - **Gary** and **Debbie Lindon**

In honor of Highland Park and its residents - **Rabbi Ranon Teller**

In honor of Phoebe Berkowitz becoming a
Bat Mitzvah and with appreciation to Rabbi
Schwab - Pere Berkowitz and Yael Mirelman
In honor of Rolly Cohen's birthday - Karen

In honor of the birth of Adira Bina, granddaughter of Margaret and Lee Cohn - **Karen Weiss**

In honor of the birth of Ellen and Aaron Krumbein's granddaughter, Ezra - **Karen Weiss**

In honor of the birth of JoAnne Blumberg's granddaughter, Eliana Rachel - **Karen Weiss**

In honor of the birth of Rabbi Ora and Dr. David Schnitzer's granddaughter, Riley Jane - **Karen Weiss**

In honor of the birth of Stephen Levin's granddaughter, Charlotte Lynn Affrunti - **Karen Weiss**

In honor of the bris of our grandson Eli and with appreciation to Rabbi Schwab - **Stuart and Barbara Hochwert**

In honor of The Schwab family for their unending hospitality and friendship - **Marshall and Roseanne Lesack**

In memory of Aaron Klein, beloved father and grandfather - **Ira and Elise Frost**

In memory of Alex Pinsky, beloved father - Martin and Cindy Pinsky

In memory of Bernard Reisin, beloved father - Richard and Karen Reisin

In memory of Goldye R. Dunn, beloved mother - Wallace and Joan Dunn

In memory of Harry Bichunsky, beloved father - **Philip and Doreen Feitelberg**

In memory of Helen Sprung, beloved grand-mother - **Cindy Shekhtman**

In memory of Howard Turner and with appreciation to Rabbi Schwab - Jerrold, Judy, Hannah and Emily Turner; Robin, Ben and Jake Feinstein and David Turner

In memory of Howard Turner, beloved father, grandfather and brother

- Donna Becker
- Stuart and Barbara Hochwert

In memory of Ira Berger, beloved husband - **Barbara Berger**

In memory of Isaac Feitelberg, beloved father - **Philip and Doreen Feitelberg**

In memory of Joseph Mosk, beloved father of Mark (Jodie) and Gary Mosk, beloved grandfather and beloved brother

- Ron and Eileen Goldberg
- Karen Weiss

In memory of Lana Eisenberg and with appreciation to Rabbi Schwab - **Calvin Eisenberg and Family**

In memory of Lana Eisenberg, beloved wife of Calvin Eisenberg, beloved mother and beloved grandmother - **Phyllis Gimpel**

In memory of Lillian Binder and with appreciation to Rabbi Schwab - Carolyn Rosenberg and Family

In memory of Morrie Schaffer, beloved husband and with appreciation to Rabbi Schwab - Ina Schaffer

In memory of Morrie Schaffer, beloved husband of Ina Schaffer, beloved father of Victoria (Greg Vainstock) and Matthew Schaffer, beloved grandfather and beloved brother - Ira and Elise Frost

In memory of Morris Vishny, beloved grandfather - **Richard and Karen Reisin**

In memory of Nachum Singer, beloved father - **Edith and Amos Turner**

In memory of Paul Lang, beloved father

- Stephen and Judy Smiley

In memory of Rae Smerling, beloved mother of Michael (Stephanie) Smerling and beloved grandmother

- Sue Cohen
- Ron and Eileen Goldberg
- Earl and Rochelle Rubinoff

In memory of Richard I. Zand, beloved son and with appreciation to Rabbi Schwab - **Frances Lee Zand**

In memory of Richard I. Zand, beloved son of Frankie Lee Zand and Philip Zand z"l, beloved father of Nox and Noah Zand and beloved brother

- Gary and Debbie Lindon
- Anita Spieler

In memory of Rosalind Gurvey, beloved mother - **Dr. Alan and Marcia Kaplin**

- Dr. Alan and Marcia Kapiin

In memory of Rose Feitelberg, beloved mother -

Philip and Doreen Feitelberg

In memory of Selma Hoffman - Herb Rosen

In memory of Sidney Weiss, beloved father - **Karen Weiss**

In memory of the victims of the Highland Park shooting on July 4th

- Anonymous
- Gail Issen
- Jonathon Talor

With appreciation to Rabbi Schwab for being meseder kiddushin at Allie and Kyle's wedding - Daniel and Jennifer Rosen

With appreciation for Marilyn Hirsch and Gary Gordon's hospitality - **Karen Weiss**

With appreciation to NSS Beth El for the great Israel trip - **Stephanie Kogan**

With appreciation to Rabbi Schwab - Marvin and Sara Siegel

With appreciation to Rabbi Schwab for a meaningful, memorable week in Eretz Yisrael - Matthew Pestine and Jamie Glass Pestine

With appreciation to Rabbi Schwab for all of his support - Marvin Zessar

With appreciation to Rabbi Schwab for the dedication of Arnold Reingold's headstone - **Hilda Reingold**

Rabbi Freedman Discretionary Fund

In honor of the anniversary of Gerry Lasin's Bar Mitzvah - **Paulette and Edward Margulies**

In honor of JoAnne Blumberg becoming a grandmother and Barbara Blumberg becoming a great-grandmother - Larry Goldsmith and Mary Ellen Bowers

In honor of Mel Seidenberg's 95th birthday -Larry Pachter and Sandy Starkman

In honor of our father, Gerald Lasin's 86th birthday and the anniversary of his Bar Mitzvah

- Steven and Ellen Lasin

In honor of Phoebe Berkowitz becoming a Bat Mitzvah and with appreciation to Rabbi Freedman - **Pere Berkowitz and Yael Mirelman**

In honor of the birth of Oliver Jacob Pinzur, son of Devra and Noah Pinzur and grandson of Debora and Michael Pinzur - Michael and Debora Pinzur

In honor of the wedding of Aly Sider and Sandy Glass and with appreciation to Rabbi Freedman

- Hal and Karen Sider

In memory of Daniel Drumm, beloved brother of Michael (Ali) Drumm, beloved son and uncle -

Todah Rabbah

WE ARE GRATEFUL FOR THE FOLLOWING CONTRIBUTIONS:

Larry Goldsmith and Mary Ellen Bowers

In memory of Doris Kessler and with appreciation to Rabbi Freedman - **Steven and Susan Kessler**

In memory of Doris Kessler, beloved mother of Steve (Susie) Kessler, beloved grandmother and great-grandmother - Matthew Pestine and Jamie Glass Pestine

In memory of Howard Turner and with appreciation to Rabbi Freedman - Jerrold, Judy, Hannah and Emily Turner; Robin, Ben and Jake Feinstein and David Turner

In memory of Howard Turner, beloved father, grandfather and brother

- Donna Becker
- Ruth Fischer

In memory of Joel Cohen, beloved brother of Larry Cohen and Rhonda Levy - **Joel and Frances Rabinowitz**

In memory of Katherine Mitzenmacher and with appreciation to Rabbi Freedman - **The Mitzenmacher Family**

In memory of Leonard Sprung, beloved father - **Cindy Shekhtman**

In memory of Morrie Schaffer, beloved husband and with appreciation to Rabbi Freedman - Ina Schaffer

In memory of Sarah Stella Schwartz, beloved mother of Merle (Dr. Steven) Tovian and beloved grandmother - Larry Goldsmith and Mary Ellen Bowers

With appreciation to Rabbi Freedman for beautifully performing Simon Judah's bris - Sarah and Scott Topal

Hazzan Sandler Discretionary Fund

In honor of Phoebe Berkowitz becoming a Bat Mitzvah and with appreciation to Hazzan Sandler - **Pere Berkowitz and Yael Mirelman**

In memory of Richard I. Zand, beloved son and with appreciation to Hazzan Sandler

- Frances Lee Zand

Rabbi Kurtz Discretionary Fund

In memory of Charlotte Lindon, beloved mother - **Gary and Debbie Lindon**

Ba'al Korei Fund

In honor of JoAnne Blumberg's 60th birthday and 47th anniversary of her Bat Mitzvah

- Larry Goldsmith and Mary Ellen Bowers
In memory of Howard Turner, beloved father,

grandfather and brother

- Scott and Karen Bieber
- Gerald and Annette Blumberg
- Jori and Leah Brajer
- Ramona Choos and Family
- Sue Cohen
- Larry Goldsmith and Mary Ellen Bowers
- Julie Heinzel and The Society of Illinois Construction Attorneys
- Marci Kleii
- Benjamin Kopin and Beth Shapiro Kopin
- Gerald and Adrienne Lasin
- Steven and Ellen Lasin
- Ken and Marcy Levin
- Hal Margolit and Stephanie Mason
- Janet Sobel-Medow and Mitch Medow
- Larry Pachter and Sandy Starkman
- Daniel and Ronit Ripes
- Diane Roodman
- Karen Shankman
- Cindy Shekhtman
- Ronnie Jo Sokol

In memory of Philip Lapin, beloved husband of Phyllis Lapin, beloved father, grandfather and great-grandfather - **Gerald and Adrienne Lasin**

With appreciation to Donna Becker for her devotion to Howard Turner - **Ken and Marcy Levin**

Ben and Marion Drachler Education Endowment Fund

In memory of Marion Drachler, beloved mother - **Ferne Avery**

In memory of Stephen Avery, beloved husband - **Ferne Avery**

Cal and Lana Eisenberg Halomdim Program Endowment Fund

In memory of Lana Eisenberg, beloved wife of Calvin Eisenberg, beloved mother and beloved grandmother

- Joel and Leslie Goldhar
- Michael and Karen Kesner
- Gerald and Adrienne Lasin
- David and Yvette Stone

- Millie Weber

Capital Improvement Fund

In memory of Sarah Stella Schwartz, beloved mother of Merle (Dr. Steven) Tovian and beloved grandmother - Steven and Linda Feinstein

Edward S. Frank Israel Study Endowment Fund

In honor of Nessia Frank on Mother's Day - **Benjamin and Wendy Frank**

Family Engagement Fund

In memory of Morrie Schaffer, beloved husband of Ina Schaffer, beloved father of Victoria (Greg Vainstock) and Matthew Schaffer, beloved grandfather and brother -Tracy Karbel

General Fundraising Fund

In memory of Morrie Schaffer, beloved husband of Ina Schaffer, beloved father of Victoria (Greg Vainstock) and Matthew Schaffer, beloved grandfather and beloved brother

- Beth and Joel Engelo
- Samuel and Kalee Gould

Gertrude Lederman Family Continuing Education Fund

In honor of Cheryl Banks and with appreciation for her course - **James Nyeste and Marla Hand**

In memory of Aaron Klein, beloved father and grandfather

- Sue Cohen
- Jerry and Jay Lehrfeld
- Jeffrey and Lisa Trotter

In memory of Sarah Stella Schwartz, beloved mother of Merle (Dr. Steven) Tovian and beloved grandmother

- Larry Pachter and Sandy Starkman
- Fred Watson and Nancie Poulos

Hazak Fund

In honor of Eli Krumbein on his 96th birthday - **Larry Pachter and Sandy Starkman**

In honor of JoAnne Blumberg becoming a grandmother and Barbara Blumberg becom-

ing a great-grandmother - **Gerald and Annette Blumberg**

In honor of JoAnne Blumberg's 60th birthday and 47th anniversary of her Bat Mitzvah

- Gerald and Annette Blumberg

In honor of Judy Berkeley receiving her honorary degree - **Stuart and Barbara Hochwert**

In honor of the victims at NSS Beth El on July 4th - **Michael Levinson**

In memory of Aaron Klein, beloved father and grandfather - **Gerald and Annette Blumberg**

In memory of Cara Madansky, beloved wife - **Mayer Stiebel**

In memory of Daniel Drumm, beloved brother of Michael (Ali) Drumm, beloved son and uncle - **Gerald and Annette Blumberg**

In memory of Elaine Schiffman Lowe, beloved mother - Maurice Sable and Deanna Lowe Sable

In memory of Howard Turner, beloved father, grandfather and brother

- Stuart and Barbara Hochwert
- Michael and Jacqueline Melinger

In memory of Joseph Mosk, beloved father of Mark (Jodie) and Gary Mosk, beloved grandfather and beloved brother - Rob and Marcy Freeman

In memory of Lana Eisenberg, beloved wife of Calvin Eisenberg, beloved mother and beloved grandmother - **Gerald and Annette Blumberg**

In memory of Lillian Weinberg, beloved mother of Ellen (Larry) Goldstein, beloved grand-mother and great-grandmother - **Gerald and Annette Blumberg**

In memory of Mary Hofstaeder Schiffman, beloved grandmother - Maurice Sable and Deanna Lowe Sable

In memory of Morrie Schaffer, beloved husband of Ina Schaffer, beloved father of Victoria (Greg Vainstock) and Matthew Schaffer, beloved grandfather and beloved brother - **Don and Joyce Joseph**

In memory of Rae Smerling, beloved mother of Michael (Stephanie) Smerling and beloved grandmother - **Stuart and Barbara Hochwert**

In memory of Richard I. Zand, beloved son of Frankie Lee Zand and Philip Zand z"l, beloved father of Nox and Noah Zand and beloved brother - **Ken and Marcy Levin**

 $With \ appreciation \ to \ Hazak - \textbf{Herman Wexler}$

With appreciation to Hazak for the Passover meal - **Pearl Zaid**

With appreciation

- Barbara Blumberg
- JoAnne Blumberg
- Arthur and Judith Coren
- Ruth Fischer
- Leonard and Diane Sherman Family Foundation
- Frances Lee Zand

General Israel Scholarship Endowment Fund

In memory of Joseph Mosk, beloved father of Mark (Jodie) and Gary Mosk, beloved grandfather and beloved brother - Sandy Starkman and Larry Pachter

Holocaust Memorial Endowment Fund

In honor of Ari Leon, son of Michelle and Jeff Leon, on becoming a Bar Mitzvah - **Jonathan and Holly Reinsdorf**

Jack and Mildred Cohen Religious School Fund

In memory of Aaron Klein, beloved father and grandfather - **Michael and Terri Lipsitz**

In memory of Daniel Drumm, beloved brother of Michael (Ali) Drumm, beloved son and uncle - Len and Bobbie Tenner

In memory of Howard Turner, beloved father, grandfather and brother

- Eric and Kim Ephraim
- Bob and Beth Footlik
- Richard and Pam Schlosberg

In memory of Joseph Mosk, beloved father of Mark (Jodie) and Gary Mosk, beloved grandfather and beloved brother - **Steve and Wendy Abrams**

In memory of Susan Rizman, beloved mother - **Eric and Kim Ephraim**

Janger Family Havurot Endowment Fund

In memory of Richard K. Janger, beloved husband, father and friend - **The Janger Family**

Jean T. and Morton Bernstein Camp Ramah Endowment Fund

In memory of Rebecca Benson, beloved daughter of Karen and David Benson - **Mort and Miriam Steinberg**

Joseph and Mae Gray Cultural and Learning Center Fund

In honor of Marilyn Hirsh and Gary Gordon - Felicia Gross

In honor of the birth of Marcie and Rick Eskin's granddaughter, Elisheva Yonah Eskin - **Larry Goldsmith and Mary Ellen Bowers**

In memory of Anna Winterman Szanto, beloved mother - **Michael Szanto**

In memory of Daniel Drumm, beloved brother of Michael (Ali) Drumm, beloved son and uncle - **Daniel and Ronit Ripes**

In memory of Joseph and Mae Gray, beloved father and mother - **Elaine Loseff**

In memory of Nancy Gandelman, beloved wife of Alan Gandelman, beloved mother, grandmother and sister - **Elaine Loseff**

In memory of Rae Smerling, beloved mother of Michael (Stephanie) Smerling and beloved grandmother - Gary Gordon and Marilyn Hirsch

With appreciation - Frances Lee Zand

LGBTQIA+ Inclusion Fund

In honor of Fran Shapiro's special birthday - **Larry Pachter and Sandy Starkma**n

In honor of Tami Warshawsky's D'var Torah - **Paulette and Edward Margulies**

In honor of the birth of Ellen and Aaron Krumbein's granddaughter - **Gerald and Annette Blumberg**

In memory of Morrie Schaffer, beloved husband of Ina Schaffer, beloved father of Victoria (Greg Vainstock) and Matthew Schaffer, beloved grandfather and beloved brother - **Jeffrey and Lisa Trotter**

With appreciation to Tami Warshawsky for her summer sermon - **Andrew and Gail Brown**

Maxwell Abbell Library Fund

In honor of Ira Frost's special birthday - Larry **Pachter and Sandy Starkman**

Todah Rabbah

WE ARE GRATEFUL FOR THE FOLLOWING CONTRIBUTIONS:

In honor of Rachel and Michael Kamin's 20th wedding anniversary and Rachel's D'var Torah -Larry Pachter and Sandy Starkman

In honor of the birth of Marcie and Rick Eskin's granddaughter, Elisheva Yonah Eskin

- Larry Pachter and Sandy Starkman
- Karen Weiss

In memory of Dorothy Wexler, beloved wife - **Herman Wexler**

In memory of Lana Eisenberg, beloved wife of Calvin Eisenberg, beloved mother and beloved grandmother

- Robert Lidov and Family
- Joel and Frances Rabinowitz

Minyan Service Fund

In honor of Eli Krumbein on the occasion of the brit milah of great-grandson, Ezra Benjamin - Richard and Pam Schlosberg

In memory of Benjamin Wasserman, beloved grandfather - **Robert and Loree Wasserman**

In memory of Howard Turner, beloved father, grandfather and brother

- Ira and Elise Frost
- Julia and Michael Gilbert

In memory of Joseph Mosk, beloved father of Mark (Jodie) and Gary Mosk, beloved grandfather and beloved brother - **Steven and Frances Shapiro**

In memory of Melvin Rabatsky, beloved father of Donna (David) Fischer and beloved grandfather - Ira and Elise Frost

Music Fund

In memory of Richard I. Zand, beloved son of Frankie Lee Zand and Philip Zand z"l, beloved father of Nox and Noah Zand and beloved brother - **Len and Bobbie Tenner**

NSS Beth El Men's Club Special Gifts Fund

In honor of Andy Brown for the Caveman dinner - **Skip and Lynne Schrayer**

In memory of those who perished in the Shoah - **Jeffrey and Stacy Goldsmith**

NSS Beth El Sisterhood Special Gifts Fund

In honor of Rolly Cohen's birthday - **Richard** and **Pam Schlosberg**

In honor of Sage Whittman, daughter of Leslye and Brian Whittman, on becoming a Bat Mitzvah - Renee and David Kaplan

In honor of the birth of Stephen Levin's grand-daughter, Charlotte Lynn Affrunti

- Richard and Pam Schlosberg

In honor of the retirement of Karen Weiss - Rabbi Ora and Dr. David Schnitzer

In memory of Lana Eisenberg, beloved wife of Calvin Eisenberg, beloved mother and beloved grandmother - Len and Bobbie Tenner

In memory of Sarah Stella Schwartz, beloved mother of Merle (Dr. Steven) Tovian and beloved grandmother - Renee Kaplan

With appreciation to Linda Clark for her kindness - Richard and Pam Schlosberg

NSS Beth El Special Gifts Fund

In honor of Barbara Hoffman's birthday

- Michael and Betsy Katz

In honor of Ellyn Rosen and Karen Winters - **Louis and Vivian Rosen**

In honor of Steve Smiley's special birthday - **Ira and Debbie Rosenberg**

In honor of the birth of Barbara Blumberg's great-granddaughter - **Lenore Blum**

In honor of the graduation of Ross Hochwert, son of Stuart and Barbara Hochwert - Ira and Debbie Rosenberg

In memory of Clara Sigal Kwall, beloved mother

- Jeffrey and Roberta Kwall

In memory of Howard Turner, beloved father, grandfather and brother

- Dawn Matthews
- Barry and Deborah Rosen
- Judith Sarnat
- Elizabeth and Ralph Silver
- Len and Bobbie Tenner

In memory of Joseph Mosk, beloved father of Mark (Jodie) and Gary Mosk, beloved grandfather and beloved brother - Michael and Karen Kesner

In memory of Lana Eisenberg, beloved wife of Calvin Eisenberg, beloved mother and beloved grandmother - **The Perchik Family**

In memory of Lynne Silberman, beloved sister - **Sheldon and Nancy Mann**

In memory of Morrie Schaffer, beloved husband of Ina Schaffer, beloved father of Victoria (Greg Vainstock) and Matthew Schaffer, beloved grandfather and beloved brother

- Melvin Loeb
- Edwin and Andrea Metzl
- Bob and Charlene Walner

In memory of Natalie Becker - Mr. and Mrs. Alan Becker

In memory of Nathan Regenstreif, beloved father - **Sheldon and Nancy Mann**

In memory of Philip Lapin, beloved husband of Phyllis Lapin, beloved father, grandfather and great-grandfather

- Annie Larimer
- Bruce and Terri Mason
- Mark Rangell
- Susan and Sol Shatz
- Douglas Warren

In memory of Sanford Eckerling, beloved husband - **Adrienne Eckerling**

In memory of the victims of HP shooting on July 4th - **Marlene and Martin Stein**

Wishing a complete and speedy recovery to Andy Saffir - Jerrold and Naomi Senser

With appreciation - David Rosen and Amy Zisook

Paul S. and Sylvia Steinberg Preschool Fund

In honor of Erica Lindon for all of her work and dedication to teaching - **Harry and Wendy Lessig**

In honor of Rommie and Maxine Zats - **Joanne Glass**

In memory of Leonard Goldenberg, beloved father of Kory Goldenberg (Danny Baer) and Jaime Goldenberg, beloved husband of Karen Goldenberg and beloved grandfather

- Steven Blitzstein and Dana Fine
- Brian and Lucy Bortman
- Elliott and Dana Cohen
- Roger and Abby Daniel
- Dr. David and Allie Davidson
- David and Jill Friedman
- Mark and Nina Gaines

Todah Rabbah

WE ARE GRATEFUL FOR THE FOLLOWING CONTRIBUTIONS:

- Dr. Jared and Jordana Greenberg
- Michael Gottlieb and Victoria Weston
- Scott and Allison Helberg
- Brad and Elena Holland
- Joe and Dana Karmin
- Ben and Lauren Mages
- Jordan and Lauren Mandel
- Michael and Blair Miller
- Scott and Emily Nasatir
- Adam and Allison Nemirow
- Debbi Rosenberg
- Mary and Jen Rossen
- Jared and Abby Rothkopf
- Michael and Amanda Schallman
- Chad and Jillian Teven

Prayer Book Fund

In honor of JoAnne Blumberg and her special birthday - **Marvin and Sara Siegel**

In honor of Karen Weiss' retirement from Keshet after 22 years of service - **Jamie Lake**

In memory of Bernie Alpert, beloved husband of Fran Alpert - **Marvin and Sara Siegel**

In memory of Lillian Weinberg, beloved mother of Ellen (Larry) Goldstein, beloved grandmother and great-grandmother

- Larry Pachter and Sandy Starkman
- Len and Bobbie Tenner

Pushke/Tzedakah Fund

In honor of Rebecca and Brad Ader's wedding - **Dova and Danny Weinberger and Family**

In memory of Daniel Drumm, beloved brother of Michael (Ali) Drumm, beloved son and uncle - Gary and Irene Savine

In memory of Howard Turner, beloved father, grandfather and brother

- Harvey and Jacqueline Barnett
- Eric and Cynthia Singer
- Stan and Laura Zoller

In memory of Lana Eisenberg, beloved wife of

Calvin Eisenberg, beloved mother and beloved grandmother - Alan and Andi Berkowitz

In memory of Philip Lapin, beloved husband of Phyllis Lapin, beloved father, grandfather and great-grandfather - **Susan Paul**

In memory of Tsilia Zoltak - **Lisa and Jeff Robbins**

Wishing a complete and speedy recovery to Andy Saffir - **Daniel and Wendy Kahn**

With appreciation - **Z. Samuel Bernstein**

Rabbi Irving and Amy Frankel Lecture Endowment Fund

In memory of Sarah Stella Schwartz, beloved mother of Merle (Dr. Steven) Tovian and beloved grandmother - Len and Bobbie Tenner

Ritual Refurbishment Endowment Fund

In honor of the birth of Barbara Blumberg's great-granddaughter and JoAnne Blumberg's granddaughter - **Richard and Pam Schlosberg**

In memory of David Blumberg, beloved husband, father and grandfather - **Barbara Blumberg**

In memory of Jim Blumberg, beloved brother-in-law - **Barbara Blumberg**

In memory of Joseph Mosk, beloved father of Mark (Jodie) and Gary Mosk, beloved grandfather and beloved brother - **Barbara Blumberg**

In memory of Lana Eisenberg, beloved wife of Calvin Eisenberg, beloved mother and beloved grandmother - **Barbara Blumberg**

In memory of Lorna Goodman, beloved mother, grandmother and great-grandmother

- Barbara Blumberg

In memory of Morris Blumberg, beloved father-in-law - Barbara Blumberg

In memory of Sam Levenson, beloved brother - **Barbara Blumberg**

Wishing a complete and speedy recovery to Barbara Blumberg - Laeh Grant

Sarah and Henry Stiebel Solomon Schechter Endowment Fund

In honor of Rae Smerling, beloved mother of Michael (Stephanie) Smerling and beloved grandmother - **Bradley and Shirley Levin**

Social Action Fund

In honor of the engagement of Cheryl and Ted Banks daughter Mimi to Michael Brombart -**Richard and Pam Schlosberg**

With appreciation to Gerry Kaplan - Richard and Pam Schlosberg

With appreciation to Marcy Freeman - Richard and Pam Schlosberg

Youth Community Fund

In honor of Ben Channon's birthday - **David Smith and Michelle Wasserman**

In memory of Daniel Drumm, beloved brother of Michael (Ali) Drumm, beloved son and uncle

- Karen and Michael Kesner
- Benjamin Kopin and Beth Shapiro Kopin
- Larry Pachter and Sandy Starkman

In memory of Joseph Mosk, beloved father of Mark (Jodie) and Gary Mosk, beloved grandfather and beloved brother - **Sue Cohen**

In memory of Lana Eisenberg, beloved wife of Calvin Eisenberg, beloved mother and beloved grandmother

- Avery and Susan Cohen
- Myron, Jodi, Aram, Steven and Heidi Coren

GERTRUDE LEDERMAN FAMILY CONTINUING EDUCATION

The Gertrude Lederman Family Continuing Education courses at North Suburban Synagogue Beth El offer a wonderful chance to deepen your understanding of Jewish thought, culture, and identity. Visit the Continuing Education page of the Beth El website for more information and registration instructions. Questions? Contact Marcie Eskin at meskin@nssbethel.org or 847-926-7903.

FALL QUARTER CLASSES

The fee for Continuing Education courses is \$60 per quarter for NSS Beth El members and \$125 per quarter for guests. Payment for one course includes any additional classes during the same quarter (including Hebrew) at no additional charge. **NEW THIS YEAR:** Beth El members can purchase an annual pass for \$180 (\$360 for guests) which will include all classes during the 2022-2023 fall, winter, spring and summer quarters.

► Café *Ivrit*: Intermediate Conversational Hebrew with Silvi Freedson

Tuesdays, 6:00 - 7:30 pm, August 30 -September 20 and October 25-December 13, 2022

▶ Breaking Jewish News & Views with Carl Schrag

Wednesdays, 9:45 - 11:00 am, August 31 - September 21; October 26 - November 9; and November 30 - December 14, 2022

Sicha Ivrit: Advanced Conversational Hebrew with Silvi Freedson

Thursdays, 6:00 - 7:30 pm, September 1-September 22 and October 27-December 15, 2022

► Talmud: Tractate B'rachot with Rabbi Michael Schwab

Tuesdays, 8:30 - 9:30 am, September 6 & 20 and October 25-December 13, 2022

► A Fangirl's Guide to the Talmud with Shira Eliaser

Mondays, 2:00 - 3:00 pm, October 31 - November 21, 2022

► The Mindful Jewish Approach with Rabbi Michael Schwab

Tuesdays, 8:00 - 9:00 pm, November 1-December 13, 2022

All classes will meet on Zoom. Rabbi Schwab's Talmud class will meet both in-person and on Zoom.

MORE LEARNING OPPORTUNITIES

Hidden Heroes, One Woman's Story of Resistance and Rescue in the Soviet Union with Pam Cohen, in conversation with Rabbi Vernon Kurtz

Tuesday, October 25, 12:00 pm on Zoom

Rabbinic Stories: Modern Lessons with Rabbi Dr. Vernon Kurtz

Sundays, 10:30 - 11:45am, October 30, 2022 - January 22, 2023 Sponsored by the Schechter Institute. Class will meet on Zoom. Fee: \$200. Register at https://schechter.edu/event/rabbinic-stories-modern-lessons/

Lunch & Learn with Rabbi Schwab

Thursday, November 10, 12:00-1:00 pm Class will be held in-person and on Zoom.

► Meet Me in the Moment: A Theatrical Concert of Jewish Music

Thursday, December 1, 2:00 pm

Written and directed by violinist Aviva Chertok, with Monika Miodragovic on piano and starring Marc Frost, this one-of-a-kind production brings audiences the beauty of Jewish classical music while immersing them in Jewish history and culture.

Open Conversational Hebrew

Sundays, 9:30-11:00 am

For information, contact Judy Farby at judyfarby@yahoo.com or 847-372-1700. Class will meet on Zoom.

SISTERHOOD TORAH FUND BOOK CLUB

Join Rachel Kamin, Director of Lifelong Learning, after Shabbat Kiddush on Saturdays for lively book discussions. New participants are always welcome!

► Saturday, September 10, 12:30 pm

Atomic Anna by Rachel Barenbaum

► Saturday, November 5, 12:30 pm

The Thread Collectors by Shaunna J. Edwards & Alyson Richman
Plus meet the authors on Zoom on Wednesday, November 2, at 8

Plus meet the authors on Zoom on Wednesday, November 2, at 8:00 pm.

Copies of the books are available in the Gray Cultural & Learning Center and from public libraries, as well as from local and online booksellers. The Book Club will continue in January, March, April & June 2023. All are welcome! Participants are encouraged to make a minimum annual donation of \$54 to the Torah Fund Campaign. Visit the Beth El website for more information.

HAZAK Update

By Jackie Melinger and Mary Ellen Bowers, HAZAK Committee Co-Chairs

The HAZAK Committee held a HAZAK Summer Celebration for our members on August 18 in the Beth El backyard. We served lunch, had interesting and fun educational programs with the clergy and the Sofer, and played Bingo. It was wonderful to socialize in person! We also reserved times for those who wanted to participate in Mitzvah613 Writing a Torah Together. Check out the Mitzvah613 photos on the Beth El website.

We continue to provide Shabbat Dinners to members, transportation as needed, and organize Meal Trains for people who have been hospitalized or sick. Our Bikkur Cholim Committee scheduled visits to a member while



recovering in Rehab. If you or someone you know could use our

assistance or support, please let us know.

This fall we will hold more social and educational programs for our members, thanks to the generous Ner Tamid Legacy gift from the Leonard and Diane Sherman Family Foundation. Watch for more details to come in the Kol Beth El weekly emails.

The efforts to support our treasured Seniors continue to be very rewarding. If you would like to get involved, please contact Jackie (jackiemelinger@gmail.com) or Mary Ellen

(eyerishmar@comcast.net).

President's Message continued from page 2

By Stuart Hochwert

our new Torah. There is no cost to participate, but we encourage each of you to make a contribution in any amount as part of the Mitzvah, in order to support our school renovations and thereby next generation of our congregation. Do not miss this opportunity to fulfill the 613th mitzvah by writing a letter in the Torah, which our congregation

will use for generations to come. Our Sofer (scribe) is coming in monthly,



and dates are listed online or call the office to sign up. It is an incredible once in a lifetime opportunity. And I

know for the rest of my life I will look at this Torah and remember fondly how 'I wrote a letter in it' – and so can you. Check it out and sign up at nssbethel.org/mitzvah613-project.

Remember, feel free to e-mail me at any time. I am happy to receive feedback and help you in any way possible. My e-mail is: president@nssbethel.org.

L'Shanah Tovah Tikatevu v'teichateimu – I wish you a good year, and may you be inscribed and sealed for blessings in the Book of Life.

Being Together with Community is Essential continued from page 5

By Ali Drumm, Director of Congregational Learning

or attend a Young Family Program. Nothing feels better than showing up and being surrounded by people you begin, time by time, to know.

Anna Besser, the Director of our Jack and Mildred Cohen Religious School, recently reminded me of the quote from Pirkei Avot, in which Rabbi Hillel said "Al tifrosh min hatzibur" (Do not separate yourself from the community).

This important lesson from our tradition reminds us that we have a responsibility to people who are a part of our community, those whose propinquity is part of our choice to engage. We may not always feel ready, but that pull of communal strength should encourage us to reach out and to try harder. As we continue to process and heal from the events of the 4th of July, and of the pandemic for the last more than

two years, I call on us all to re-commit ourselves to our community.

Beth El has so much to offer spiritually, intellectually, and socially. We continue to look for more ways to help members connect. Let NSS Beth El be here for you and let's all be there for one another. Together we are stronger.

Membership Committee Update

By Judy Berkeley, Membership & Development Director, Dana Atlas, VP Membership

In Rabbi Schwab's article on page 1, "Connect With Us in 5783," he talks about strengthening our community's connections member by member, family by family and group by group vis a vis shared interests.

We at NSS Beth El are looking to create "small groups" this year to make our large congregation seem smaller for our members. For instance, do you enjoy cooking or playing canasta, are you an empty nester looking to connect with other empty nesters? Are you interested in finding walking groups or pickleball? Shabbat experiences with families with

kids the same ages as yours? Use this QR code to fill out the form and tell us what you are interested in!



College Connection

Calling all parents of college kids: would you like your child to receive care packages on campus (or off campus) before the High Holidays,
Chanukah, Purim and
Pesach? All you have to
do is scan this QR code,
fill out this form and
they'll be all set. Fill it out
now so they won't miss out on all their
goodies!

And for all new members, we will be holding a new members event on **Sunday, November 6**, details to come, save the date!

If you have any questions on the interest/volunteer form, College Connection and/or new members and events, please don't hesitate to contact one of us:

Dana Atlas, VP Membership

(847)722-3772 or atlas.dana@gmail.com

Judy Berkeley, Membership Director

(312)720-0045 or jberkeley@nssbethel.org

We are here to welcome you and get you involved with our community!!

We welcome the following new members to our Beth El family!

Zoe & Michael Bresnahan and their daughter Juliette (2)

Johanna Strokoff & Matthew Charous and their daughter Evelyn (1)

Kayla & Kellen Cohn and their son Emmett (2)

Juli & David Dreifuss and their children Lanie (4), Ben (3) and Marnie (1)

Casey & Josh Foreman and their children Blake (6) and Sloane (4)

Jennifer & Eric Fried and their child Gabriel (3)

Alexis Braverman & Charles Gandelman and their children Aviva (2) and Benjamin (0)

Joanne Glass

Jordyn Gross and his child Harper (1)

Elena (Lenna) Silberman Scott & Steven Horak and family

Marisa & Danny Pogofsky and their child Lior (2)

Joseph Shemaria Pipco & Adam Rudolph Miriam & Michael Rudolph

Social Action - Fall Food Collections in Our Community

By Fran Pine, Thanksgiving Mitzvah Day Chair



Maot Chitim Sunday, September 18

As in pre-pandemic times, Maot Chitim will be packing food for deliveries this fall. Rosh Hashanah delivery day is around the corner. Maot Chitim needs your help to bring food to those families and individuals that are struggling with food insecurity. There is nothing more rewarding than helping others. We encourage you and your family to deliver food to Holocaust survivors, senior citizens, and families who wish to celebrate Rosh Hashanah with dignity. Help to make someone's holiday special. Please sign up for volunteer opportunities on September 18th by scanning the QR code on the left.



This year's food packing will be in Highland Park at 1610 Deerfield Rd.

Thanksgiving Mitzvah Day Sunday, November 20



Calling all NSS Beth El members – Please join us this year for our annual Thanksgiving Mitzvah Day Project. With the current rate of inflation, families are struggling now more than ever to put food on their tables. Let's come together to assemble food baskets (or make a monetary donation), to ensure that these families have a meal for the Thanksgiving holiday. It's easy...we provide you with a list of food items to purchase, you bring those items to

Beth El on November 20th and we will help you place those items into a basket

which will then be delivered to its recipients.

This year's mitzvah project will serve the Glenwood Elementary School in Waukegan, Moraine Township and the ARK. Please join us...it's an easy way to make a big impact. Details to follow. If you have any questions, please email me at fipine@comcast.net.

Highland Park PORCH Collection

Want to help your local food pantries on an ongoing basis? Sign up to participate in PORCH. Each month you can shop for assigned food and sundry items (given to you by your local coordinator), then simply put the groceries on your porch for a pick-up. It's that simple. HP has several coordinators. Email me at fjpine@comcast.net to get connected with a coordinator in your neighborhood.

Mazel Tov to:

Melanie Axelrod on the birth of her niece, Eliana Rachel Babendir

Cheryl and Ted Banks on the engagement of their daughter, Mimi to Michael Brombart

Peri and Scott Babendir on the birth of their daughter, Eliana Rachel Babendir

Barbara Blumberg on the birth of her great-granddaughter, Eliana Rachel Babendir

JoAnne Blumberg on the birth of her granddaughter, Eliana Rachel Babendir

JoAnne Blumberg on her 60th birthday and 47th anniversary of her Bat Mitzvah

Mallory Chernof and Brad Lipton on their engagement

Renee and Eugene Goldfarb on their 49th wedding anniversary

Rachel and Michael Kamin on their 20th wedding anniversary

Dr. Jerome and Mary Kaltman on the engagement of their daughter Debbie Kaltman to Benji Feldheim and Dr. Jerome Kaltman on his 70th birthday

Debbie and Barry Kravitz on the engage-

ment of their son Jordan to Danielle Perle

Ellen and Aaron Krumbein on the birth of their grandson, Ezra Siegal

Eli Krumbein on the birth of his great-grandson, Ezra Siegal

Eli Krumbein on the birth of his great-granddaughter, Ruby Voneendrok

Allison Levin and Max Affrunti on the birth of their daughter, Charlotte Lynn Affrunti

Stephen Levin on the birth of his grand-daughter, Charlotte Lynn Affrunti

Betty Ann Levin on the birth of her great-granddaughter, Charlotte Lynn Affrunti

Jay Levine on his birthday

Eric and Rinna Maletsky on the birth of their granddaughter, Aidyn Tess Maletsky

Michael and Allison Maletsky on the birth of their daughter, Aidyn Tess Maletsky

Debora and Michael Pinzur on the birth of their grandson, Oliver Jacob Pinzur

Devra and Noah Pinzur on the birth of

their son, Oliver Jacob Pinzur

Susan and Mark Pollack on the marriage of their son, Michael Pollack, to Ellen Robinson

Chloe Rossen, daughter of Elliot and Anne Rossen on her marriage to Clay Miller

Susan and Marc Sacks on the wedding of their son Joshua to Tess Glassman-Kaufman

Fran and Jonathan Sherman on the engagement of their son Paul to Kerry Honan

Karen and Hal Sider on the engagement of their daughter Alison to Sanford Glass

Stephanie and Michael Smerling on the birth of their granddaughter

Michael Teplitsky and Isabelle Nadler on their engagement

Sarah and Scott Topal on the birth of their son, Simon Judah Topal

Rabbi Josh Warshawsky and Adina Allen on the birth of their daughter, Jona Liba Allen

Reuben and Tami Warshawsky on the birth of their granddaughter, Jona Liba Allen

Condolences to:

Michael (Ali) Drumm on the loss of his brother, Daniel Drumm

Cal Eisenberg on the loss of his wife, Lana Eisenberg

Kory Goldenberg (Daniel Baer) on the loss of her father, Leonard Goldenberg

Steven (Susan) Kessler on the loss of his mother, Doris Kessler

The Family of Aaron Klein on the loss of their father and grandfather

Phyllis Lapin on the loss of her husband, Philip Lapin

Andrew Mitzenmacher (Lauren Niimi) and Family on the loss of his mother, Katherine Mitzenmacher

Mark (Jodie) Mosk on the loss of his father, Joseph Mosk

The Family of Melvin Rabatsky on the loss of their father and grandfather

Debbie (Mark) Schneiderman on the loss of her father, Jerome Sperber

Ina Schaffer and Victoria Vainstock on the loss of Morrie Schaffer, beloved husband, father and grandfather

Michael (Stephanie) Smerling on the loss of his mother Rae "Ginger" Smerling

Frances Lee Zand on the loss of her son, Richard I. Zand

IN MEMORIAM: Lana Eisenberg Philip Lapin Katherine Mitzenmacher Morrie Schaffer

Kiddush Sponsors:

Melanie Axelrod
Peri and Scott Babendir
Samuel Bell
Barbara Blumberg
Ben Blumberg
JoAnne Blumberg
Paula Blumberg
Marcy and Rob Freeman
Eugene and Renee Goldfarb

Melissa and Todd Halperin
Mary and Jerome Kaltman
Rachel and Michael Kamin
Eli Krumbein
Gerald and Adrienne Lasin
Michelle and Jeff Leon
Rebecca Lustig
Rena Lustig
Yael Mirelman and Pere Berkowitz

NSS Beth El Men's Club
NSS Beth El Sisterhood
Jennifer and PJ Schmidt
Fran and Jonathan Sherman
Karen and Hal Sider
Michael Teplitsky and Isabelle Nadler
Anya and Victor Viner
Leslye and Brian Whittman

Mazel Tov to Our B'nai Mitzvah Students



Bar Mitzvah Micah Humes son of Carly and Jefford Humes

Shabbat, September 3



Bar Mitzvah Liam Altbach son of Amy Altbach and Scott Glazer

Monday, September 5



Bat Mitzvah Miriam Hirschfield daughter of Michelle and Jack Hirschfield

Shabbat, September 17



Bar Mitzvah Eli Cohen son of Lindsay and Brian Cohen **Shabbat, October 8**



Bat Mitzvah Madelyn Wasserman daughter of Lori and Matthew Wasserman

Shabbat, October 15



Bar Mitzvah Evan Kamin son of Rachel and Michael Kamin

Shabbat, October 22



Bat Mitzvah Samantha Lipnick daughter of Sheryl and Stuart Lipnick

Shabbat, October 29



Bar Mitzvah Zachary Brajer son of Leah and Jori Brajer

Shabbat, November 5



Bat Mitzvah Jaclyn Wynes daughter of Lesley and

Jeremy Wynes Shabbat, November 12



Bat Mitzvah Ellie Levy daughter of Marissa and Lawrence Levy

Shabbat, November 19



B'nai Mitzvah students for class of 2024-2025.

Mitzvah613 Torah Signing Project





Sign up Today to Write

Don't Miss a Once in a Lifetime Opportunity





Jewish people for centuries, leaving your legacy of a gift of Torah to the next generation. It represents a way to express gratitude for the blessings in our life and celebrate together as a community as we have not been able to do recently.













a Letter in Our Torah!

If you have not already participated in our Mitzvah613 Project and written a letter in our new Torah, here are the current choices of dates for writing a letter. Our goal is to have every member participate.

Sunday, September 11, 2022 Sunday, November 20, 2022 Monday, January 16, 2023 Tuesday, January 17, 2023 Sunday, March 12, 2023 Monday, March 13, 2023

Scan this QR code and go directly to the sign up link and choose an upcoming date to sign with your family. Also consider making a donation to help support the rennovation of our school wing. Contact Judy Berkeley at jberkeley@nssbethel.org for more information.













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A Simple Kitchen

By Chef Laura Frankel, Catering Director, Circle of Life



Simple ingredients and big flavors define the foods of Tuscany. The ingredients are easily found, the flavors are inviting, and the final dishes are delicious and without pretention. My favorite food philosophy of Cucina Povera (poor kitchen) was born in Tuscany. Making do with what is seasonal, local, and turning it all into celebratory dishes without fussiness just seems so right. The spirit of Cucina Povera is about embracing constraints and discovering the delicious creativity that can spring from making do with what you have locally.

Tuscan Squash and White Bean Stew

A meal in a bowl is exactly what I want in late fall and all winter long. Long, slow-cooked flavors that are perfect as a stand-alone dish or paired with a holiday meal. This is a dish worth celebrating.

Serves 6-8

Extra virgin olive oil (best quality)

- ½ pounds winter squash,
 peeled, seeded and cut into
 inch dice (butternut, Hubbard, pumpkin or dumpling)
- Sea salt and freshly cracked black pepper
- 2 leeks, white parts only, sliced thinly
- 1 large Spanish onion, sliced thinly
- 1 large carrot, diced
- 2 celery ribs, diced
- 1 fennel bulb, sliced thinly
- 8 cloves of garlic, minced
- 3 tablespoons tomato paste



- 1 cup dry white wine
- 1 14-ounce can diced tomatoes
- 1/4 cup red wine vinegar
- 5 cups of water
- 1 ounce dried porcini mushrooms
- 1 cup dried cannellini beans, soaked overnight and drained
- 1 bouquet garni of fresh rosemary, thyme,

- sage, and parsley stems tied together
- 2 bunches of Tuscan kale (Cavalo Nero), stemmed and chopped

Preheat oven to 325F.

- 1. Heat a large Dutch oven or sauté pan, lightly coated with evoo, over medium heat. Brown squash, leeks, onion, carrots, celery, and fennel, in batches, seasoning each batch with salt and pepper. Add garlic to the final batch and be sure not to brown garlic, as it can become bitter. Set aside vegetables.
- 2. Add a good glug of evoo to the same pan and sear tomato paste. This will give a deep caramelized flavor to the whole dish. Add wine, tomatoes, vinegar, water, dried porcinis, drained beans, and herb garni. Taste the braising liquid and adjust

seasoning with salt and pepper.

- 3. Add vegetables to the pan and cover. Braise in preheated oven for 1 hour or until squash and beans are tender. Stir in kale. Continue cooking, uncovered until most of the liquid has been absorbed.
- 4. Serve hot with a luxurious drizzle of evoo and chopped fresh parsley.