



SUPPORT FOR HIGHLAND PARK COMMUNITY

We are deeply saddened after the senseless attack in Highland Park, and we grieve along with our neighbors. Our community was added to the growing list of those impacted by gun violence. And now that senseless violence has hit home, we more viscerally understand the residual terror and trauma.

Gun-related attacks continue to be an all too frequent occurrence that has resulted in a national crisis impacting each and every one of us. Tragedy is not contained within the boundaries of any one community, city or state. We all want an end to these horrific acts of violence.

Whether you need someone to talk to, a place to gather in community, or guidance on how to support your children, you are not alone. As we continue to process and begin to grieve the tragic events in Highland Park, JCFS Chicago is offering the following resources and programs for you, your family, friends, neighbors, organizations and anyone looking for support.

JCFS Chicago is partnering with the Bernard Weinger JCC at 300 Revere Drive in Northbrook to offer drop in sessions for anyone affected by the Highland Park shooting. If you do not have an urgent need and are looking to talk with a mental health professional about your emotional distress, the center is open from 2pm – 8pm beginning Wednesday, July 6. For daily hours visit [JCFS.org](https://www.jcfs.org) or check back here.

These drop-in times are an open opportunity for community members, caregivers, or any individuals (adults and children) to briefly talk with a mental health professional and are not intended to be formal treatment sessions with ongoing expectations. Starting today from 2pm-8pm,

Tomorrow, 2:00pm-8pm and Friday, 2pm-4pm. Next weeks times will be announced shortly.

The **JCFS Chicago Warm Line phone connection** is available to provide assistance for anyone affected by the Highland Park shooting who does not have an urgent need and is looking for someone to talk to about their emotional distress. Call the warm line to connect to an emotional support professional between 9am and 5pm Monday through Thursday, 9am-4pm Fridays at [855.275.5237](tel:855.275.5237).

Evening of Support for the Highland Park Community

Led by trauma informed experts, JCFS Chicago will be offering an evening of support on **Wednesday, July 6 at 7:00pm CDT**. All are welcome to attend this virtual event focused on healing through words of comfort, conversation, and music. [Join us using this link](#).